

PAWNEE NEWS

HOPE IS WAITING

HELP IS HERE

**YOU'RE INVITED
TO AN
OPEN HOUSE
THURSDAY, NOV. 5
4:30 PM—6:00 PM
AT PAWNEE'S
COMMUNITY
SUPPORT SERVICES
(CSS) BUILDING
1558 HAYES DR.
MANHATTAN, KS**

**WALK THROUGH THE
BUILDING AND SEE THE
EXTENSIVE REFURBISHING.**

—REFRESHMENTS SERVED—

*"I was so desperate for help
I didn't know where to turn.
I couldn't afford hundreds
of dollars for therapy
appointments, psychiatrist
appointments, and medications.
Then someone told me that Pawnee
had a sliding fee scale. With this
I found hope, healing, and
recovery. Without Pawnee
I know in my heart I
wouldn't be alive today."*

—Ellen, age 22

WORKING TOGETHER THROUGH A NEW CONTRACT

BY ROBBIN COLE, EXECUTIVE DIRECTOR



As I write this, the nation is in the middle of an unprecedented debate about health care reform. I can't think of another issue in my adult life that has stirred the kind of passion that this issue has.

While all eyes are focused on whether our nation will see health care reform, the state of Kansas, since July 1, 2007, has cut \$16.1 million (52%) from its funding of the community mental health system. Pawnee's share of that cut totals over \$1 million from its annual budget, which has ranged between \$13.4 to \$15.1 million over the last three years.

So while the nation debates policies which could expand the government's responsibility to provide health care for the uninsured, the state of Kansas enacts policies which shrink the government's responsibility to provide mental health care for the uninsured.

For years, the Community Mental Health Centers (CMHCs) were commissioned to serve all "regardless of ability to pay." That all changed on July 1, 2009, when the state department of Social and Rehabilitation Services (SRS) contracted with the CMHCs to provide services "subject to available resources."

The new contract allows CMHCs to deliver care based on the resources of the client and the resources of the agency. Waiting lists are now permissible except for crisis services and services to members of state defined targeted populations.

The CMHC system is at a crossroads and must manage the impact of shrinking state support in a way that maintains the public's trust. I hope you'll take a moment to read this issue of the Pawnee News to learn about many of the exciting things happening at Pawnee in spite of these challenges. If you would like more information on how you can support Pawnee's mission, please contact April Askins at 785-587-4300.

PAWNEE'S ALCOHOL & DRUG PROGRAM PASSES SRS LICENSING REVIEW

Pawnee's Prevention, Treatment and Recovery Services' Alcohol and Drug Program was renewed for Level 1 Outpatient, Assessment, and ADSAP licensure this month by the Addiction and Prevention Services (AAPS) division of SRS. The program has also been approved and licensed to begin Level 2 Intensive Outpatient Services effective October 1, 2009. For more information, please contact Pawnee's office at 785-587-4300.

CHILD PSYCHIATRIST PROVIDES ON-SITE AND TELE-PSYCHIATRY SERVICES TO CHILDREN

Larry McDonald, MD, is offering psychiatric services to children, six days a month at the Pawnee Mental Health Services office in Concordia and tele-psychiatry services to children with Medicaid throughout all ten counties. Dr. McDonald began his career as a pediatrician. He is Board Certified in both Child and Adult Psychiatry. Dr. McDonald provides psychiatric consulting services to Central Kansas Mental Health Center in Salina and High Plains Mental Health Center in Osborne. Dr. McDonald and his wife live in the greater Kansas City area. He is originally from Beloit with family still in that area.



MANHATTAN RENOVATION PROJECT AT HAYES DRIVE

The Pawnee Endowment Association purchased the Hayes Drive facility in Manhattan, which has housed the Eastern Region Community Support Program for 15+ years. The purchase was made possible through a generous gift from the previous owner. At the time of the sale, several building issues were identified that would need to be addressed.

Work began almost immediately. The building exterior was painted, new guttering was installed, drainage issues were addressed, updated signage was purchased, and the HVAC system was improved. More recently, the building was carpeted, painted, and new furnishings were purchased where old ones needed to be replaced. An official unveiling will take place at an Open House on Thursday, November 5, from 4:30—6:00 pm. Here's a sneak peak at some of the "before" and "after" work.



OFFICE BEFORE



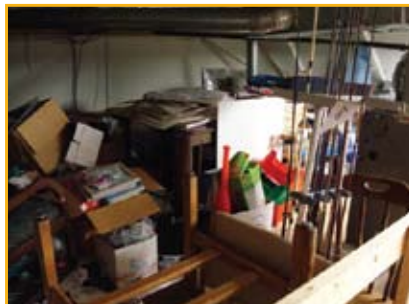
OFFICE AFTER



TILE FLOOR BEFORE



TILE FLOOR AFTER



ATTIC BEFORE



ATTIC AFTER

THERAPISTS JOIN PAWNEE MEN- TAL HEALTH



Jane L. Tippet, Ph.D. in Developmental and Child Psychology, joined the Manhattan-Claffin office as an outpatient therapist.



Jeremy Boyle, LMFT/CFLE (Licensed Marriage & Family Therapist/Certified Family Life Educator), joined the Manhattan-Claffin office as an outpatient therapist.



Deborah McCoy, Ph.D. in Clinical Psychology, joined the Manhattan-Claffin office as an outpatient therapist.



Gayle Edwards, LCSW, (Licensed Specialist Clinical Social Worker), joined the Clay Center office as an outpatient therapist.



Kay Peters, LCMFT (Licensed Clinical Marriage & Family Therapist) and Certified Alcohol & Drug Abuse Counselor, joined the Concordia office as an alcohol/drug therapist.

STARS CAMP AUGUST 4-6, 2009

Every year for the past eight years, 150-170 campers with serious emotional disturbances (SED), between the ages of 9 to 17, are given the opportunity to travel to Rock Springs Ranch, 8 miles south of Junction City, for a camping event that they might not otherwise be able to experience because of impairments in their functioning.

STARS is an acronym for Strength, Teamwork, Attitude, Relationships, and Self-esteem. STARS Camp provides an opportunity for children and adolescents with SED to develop self-esteem, interpersonal skills, and to discover personal strengths



Leadership group in the woods

in a new, safe, and challenging environment. One or more of these life skills are built into each activity at STARS Camp.

Children become eligible to participate in the STARS Camp program by being diagnosed with a SED. STARS Camp is a collaborative effort by the CBS staff from Pawnee's ten county catchment area and is made possible through private gifts, grants, and reimbursement for approved therapeutic services.



A donation from the Manhattan Breakfast Optimist Club helped in the purchase of camp t-shirts.



Fun in the sun—for canoeists



Pool and ponies are favorite activities of the campers





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Address Service Requested

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PAWNEE BENEFITS FROM GRANT AWARDS AND PRIVATE DONATIONS

A grant from the Riley County/Manhattan Health Department Health Education Program Youth Grant fund was awarded to Pawnee to offset the cost of the “Fitness Feud” group activity at STARS Camp. The grant money was used to purchase game supplies for group participants and contributed towards water bottles and drawstring bags for each camper.



Pawnee also received funds from a private donor to purchase a new picnic table and barbeque for the outdoor area at Community Support Services (CSS), Hayes Drive.

When visiting www.pawnee.org, click on the “Giving to Pawnee Mental Health” link. A new “DONATE” button, secured by PayPal, has been added to make giving online safe and easy.



DONORS

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