

Women Who Made Strides for Racial Equity in Mental Health



Reiko Homma True (1933 – present)

Reiko advanced mental health treatment for Asian Americans.



Tara Brach (1953 – present)

Tara was dedication to radical compassion, meditation practice, and blending eastern and western wellness practices.



Angela Neal-Barnett (1960 – present)

Angela's work supported African American women who suffer from anxiety.



Martha Bernal (1931 – 2000)

Martha was the first Latina to earn a PhD in Psychology as well as developing the Ethnic Identity Questionnaire.



Mamie Phipps Clark (1917 – 1983)

Mamie researched African American schoolchildren's self-consciousness during the desegregation period.



Inez Beverly Prosser (1897 – 1934)

Inez was the first African American woman to receive a PhD in Psychology, as well as her work in education and desegregation.